



HEALTH RECOVERY WELLNESS TREATMENTS

Injury Recovery Massage

Includes a combination of the following techniques
**DEEP TISSUE, ALIGNMENT, ACUPUNCTURE, BOWEN,
CUPPING, REMEDIAL, CRANIOSACRAL, MYOFASCIAL,
PREGNANCY, TUINA TRADITIONAL CHINESE
(MEDICAL MASSAGE) AND MOXA**

45 mins	\$95
60 mins	\$120
90 mins	\$165

Naturopathic & Holistic

HEALTH CONSULTATION WITH LIVE BLOOD SCREENING

Initial Consultation

60 mins	\$120
75 mins	\$150
90 mins	\$165

Follow Up Consultation

30 mins	\$65
45 mins	\$95

RELAXATION & PAMPERING TREATMENTS

The Ultimate Facial

HOLISTIC SKIN THERAPY WITH OSMOSIS SKIN CARE RANGE

30 mins	\$85
60 mins	\$140
90 min Infusion	\$165

Time Out For You Massage

HOLISTIC RELAXATION TREATMENTS

45 mins	\$95
60 mins	\$120
90 mins	\$165

Treat Yourself OR A LOVED ONE

90 MINUTE DELUXE COMBO SPECIAL

30 min Osmosis Facial +
60 min Relaxation Special | **\$155**

YOU'LL LOVE IT!

Bookings Essential

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Open 10am - 4pm
Monday - Saturday
or by arrangement