



Health

YOUR GREATEST ASSET...
let us help you make a wise investment

We offer Health Consultations with Live Blood Screening

Specializing in:

- Detox programmes
- Weight Management
- Cancer prevention / recovery support
- Allergy management
- Stress management
- Gut Health
- Wellness Programmes

Initial Consultation

60mins	75mins	90mins
\$120	\$150	\$165

Follow up Consultation

30mins	45mins
\$65	\$95



Cancellation policy: 24 hours notice required when cancelling an appointment or full fee will be charged.

Osmosis
FROM THE
Beauty
inside
out

Osmosis
Facials

30 mins	\$85
60 mins	\$140
90 mins	\$165



eden
WELLNESS CLINIC

Phone **07 866 2155** or **022 076 0129**
57 Albert St (Main St - Across from i-Site), Whitianga
nourishone@gmail.com
www.edenclinic.co.nz eden.clinic.whitianga

BOOKINGS ESSENTIAL
OPEN MON - SAT 10 AM TO 4 PM
OR BY ARRANGEMENT

eden
WELLNESS CLINIC

Massage THAT *Heals*



**RELAXATION, WELLBEING
+ INJURY RECOVERY**

More than a massage, a holistic approach to healing

45mins	60mins	90mins
\$95	\$120	\$165

Treatments include a variety of techniques:

- Relaxation/Swedish massage
- Remedial, Sports & Deep tissue
- Alignment & Craniosacral
- Acupuncture & Cupping
- Bowen & Myofascial massage
- Pregnancy massage and new born treatments
- Tuina -Traditional Chinese (Medical Massage)
- Moxa, Hydrating & Herbal compresses
- Infrared Saunas & Heat lamps

BOOKINGS ESSENTIAL
Phone **07 866 2155** or **022 076 0129**

HOLISTIC SKIN CARE

Facials
WITH Osmosis
BY DR. MEDICAL DERMATOLOGIST

SKIN PRESCRIPTION

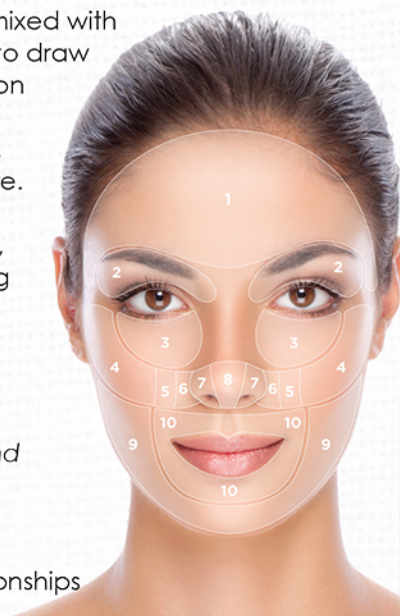
At Eden Clinic our therapists are experienced health professionals trained to diagnose & treat conditions holistically.

Osmosis is a doctor developed, science-based product that also embraces the wisdom of natural medicine creating a unique and cutting-edge approach to skin care.

In the hands of our team this is a powerful tool which has the capacity to bring visible, permanent changes to many skin conditions. The aim of all treatments is to nourish and treat the dermal layers and to draw a variety of serums and treatments into the skin utilizing massage and hot towels to stimulate and enhance absorption. Additionally, all our specialized formulas are mixed with a serum carrier designed to draw hydration & dermal nutrition into the dermal cells. We focus on collagen, elastin, DNA repair and skin texture. As well as treating pre-cancerous skin conditions, Acne, Rosacea and Aging skin types.

Osmosis products are free of toxic chemicals, SLS, phthalates, parabens, gluten, artificial colours and fragrances.

The zones in the diagram identify inner health relationships



We offer facial treatments: including infusions and a full range of retail skin care and makeup.

NATUROPATHIC & HOLISTIC

Health Consultations

Think of it as a health warrant of fitness or a wheel balancing... something you do before taking a long journey. Life is a journey so go get your tyres tested so you can handle all the road conditions ahead of you.

We begin our health Consultations with a live blood screening which examines a single drop of blood under a microscope. The findings can reveal various inflammatory and toxic markers, leaky gut as well as immunity states and nutritional status. We discuss options to correct imbalances and promote/maintain optimal health. Our emphasis is on gut health, reducing inflammation, preventing leaky gut and building a healthy robust microbiome.

We have 2 health professionals, Traditional Chinese Medicine Practitioner Libby George & Naturopath Ann Kerr Bell. Both Libby and Ann have been practicing for over 20 years. They specifically integrate the latest in research with the wisdom of traditional natural medicine.

THE CONSULTATION

The initial Consultation is between 60 to 90 minutes This includes a live blood screening, blood pressure & zinc test, weight & waist details, case history taking with a summary plan for moving forward. Additionally a prescription for dietary support, nutritional & herbal supplementation if deemed appropriate is also included.

We recommend a 30-45minutes follow up consultation 2 weeks following depending on your presentation and needs. We will also inform you if we need to do more research and follow up calls to monitor your progress.



On confirming your initial appointment a range of health related questionnaires will be given.

We ask that you fill these in prior to your consultation & bring with you to review during the initial Health Consultation. Plus any recent Lab blood tests or relevant medical tests and a full list of your medications & supplements if any must also be documented in the Wellness review.

We look forward to supporting you on your journey to living a healthier and happier life. If you have any questions please don't hesitate to contact us directly.

